



Food Donations Requested

Children facing poverty lack a healthy diet. SON Ministries offers children healthy food so they develop healthy habits that benefit them now...and into adulthood.

Note: Non-perishables are used to feed breakfasts to children who arrive to camp without eating or to children who have not yet registered. These are NOT the lunches we serve at the SON Ministries Summer Lunch Camp. Donated Food is also used to serve light meals/snacks at the Family ESL Program.

Please consider donating these healthy, individual-sized, non-perishable items:

(Think: NUTRITIONAL food that can be opened & eaten easily – with NO refrigeration, can opener, microwave or stove)

Listed in order of priority:

1. Gift Cards from Grocery Super Center – Meijer or Walmart in any amount
(Mail to: SON Ministries 2300 Lytham Road, Columbus 43220)
2. Tuna and Chicken lunch packs – includes canned meat, crackers, relish, mayo – found in aisle with canned tuna/chicken. *(Summer months only)*
3. Fruit Cups (NO Jell-O, fruit snacks) preferably in fruit juice or light syrup
4. Applesauce
5. Granola Bars (high protein and fiber)
6. Cereal Bars
7. Cookies (NO Nuts) Full size packages for cost savings. (We offer children one cookie per day)
8. Individual sized portions of the following:
 - Crackers with Peanut Butter or Cheese inside – whole grain/wheat preferred
 - Pretzels and Cheese
 - Breakfast Cereal (individual serving boxes – low in sugar)
 - Beef Jerky Sticks or Slim Jims (NO Pork please)
 - Dried fruit
 - Trail Mix, Pretzels, Goldfish, Cheese Its (NO chips please)
 - 100% juice boxes
 - Small water bottles

Please NO Pudding or “junk food” – NO Pork Products (Jell-O, Marshmallows, etc..)

We are also in need of the following items:

- Full size jars of Peanut Butter
- Full size bottles of Ranch Dressing
- Paper Lunch bags
- Plastic Spoons
- Anti-bacterial Wipes – hand and surface

Items can be dropped at UALC The Church at Mill Run, 3500 Mill Run Drive, Hilliard, 43026, Sunday through Thursday 8:00 a.m. through 8:30 p.m. Attention: SON Ministries

Questions? Please call us at 614-586-7939 or email info@son-ministries.org....*Thank You*