

## Donations Requested for



### Hilliard Free Lunch Summer Camp for Kids – 2017

*Children facing poverty often have diets that lack essential vitamins and nutrients. By providing healthy foods at SON Ministries summer lunch programs, we help children develop healthy eating habits that benefit them now...and into adulthood.*

Please note: non-perishables are NOT the lunches we serve the children. These foods are offered to children who arrive without having had breakfast. We also serve these foods for lunch to children who arrive but are not yet enrolled in the lunch program (until we can get them enrolled) and to the adults who might come with them.

#### **Please consider donating these healthy, individual-sized, non-perishable items:**

*(Think: NUTRITIONAL food that can be opened & eaten easily – with NO refrigeration, can opener, microwave or stove)*

#### **Listed in order of priority:**

1. Gift Cards from Grocery Super Center – Meijer or Walmart in any amount  
(Mail to: SON Ministries 2300 Lytham Road, Columbus 43220)
2. Tuna and Chicken lunch packs – includes canned meat, crackers, relish, mayo – found in aisle with canned tuna/chicken
3. Fruit Cups (NO Jell-O, fruit snacks) preferably in fruit juice or light syrup
4. Applesauce
5. Granola Bars (high protein and fiber)
6. Cereal Bars
7. Cookies (NO Nuts) Full size packages of (we offer one cookie per day to children)
8. Individual sized portions of the following:
  - Crackers with Peanut Butter or Cheese inside – whole grain/wheat preferred
  - Pretzels and Cheese
  - Breakfast Cereal (individual serving boxes – low in sugar)
  - Beef Jerky Sticks or Slim Jims (NO Pork please)
  - Dried fruit
  - Trail Mix, Pretzels, Goldfish, Cheese Its (NO chips please)
  - 100% juice boxes
  - Small water bottles

**Please NO Pudding or “junk food” – NO Jell-O, Marshmallows, or Pork products**

#### **We are also in need of the following items:**

- Full size jars of Peanut Butter
- Full size bottles of Ranch Dressing
- Paper Lunch bags
- Plastic Spoons
- Anti-bacterial Wipes – hand and surface

Items can be dropped at UALC The Church at Mill Run, 3500 Mill Run Drive, Hilliard, 43026, Sunday through Thursday 8:00 a.m. through 8:30 p.m. Attention: SON Ministries

Questions? Please call us at 614-586-7939 or email [info@son-ministries.org](mailto:info@son-ministries.org)....*Thank You*